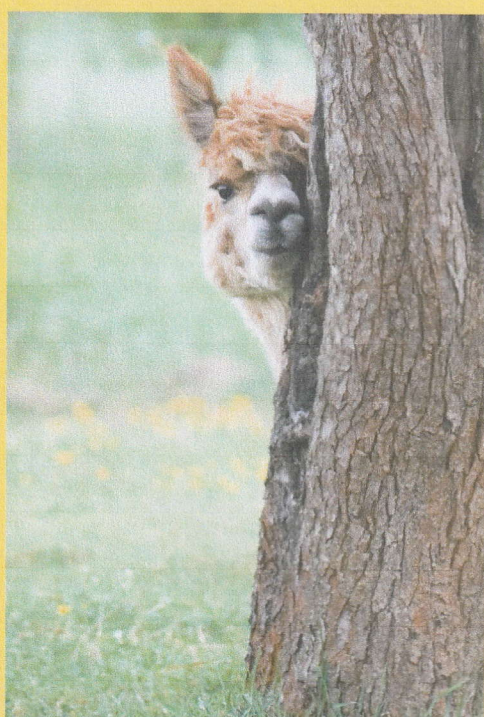


MEDITATING

with alpacas



Fancy a bambi stare with these guys?
Enjoy a meditation experience with alpacas
and a handful of llamas. "It's easy to see how
they boost wellbeing." The Telegraph

Included in the 2 hour session:

- A 20-minute talk with farm owners Chris or Vicki, who'll introduce the individual animals and answer your questions.
- A guided meditation class surrounded by the calmness of alpacas.
- After the session you may see some baby alpacas.

Dates for 2023:

On these Mondays (alpacas' chill day! They walk with people on other days):

May 15th and 29th (Bank Holiday) 12-2pm

June 12th and 19th 12-2pm

July 17th and 31st 12-2pm

August 21st and 28th (Bank Holiday) 12-2pm

September 4th and 18th 12-2pm

Tickets £25 pp

For enquiries, please email Alarna at
alarna@natures-spark.co.uk or book via the
website www.natures-spark.co.uk

